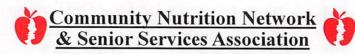
Schaumburg CNN Senior Café @ The Barn 231 S. Civic Drive Schaumburg, 60193

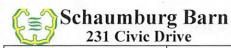
Days: Mondays-Fridays Times: 10:00am-2:00pm Phone: 847-524-7496



October 2024

CNN Café Manager: Caitlin Wilson Senior Services Manager: Marina Lvovich

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Served at Noon Registration Begins Monday, September 23rd * Food Orders are Placed Every Monday for the Following Week* 1. FRESH BAR Cheeseburger Wheat Hamburger Bun Tomato Soup, Tossed Garden Salad, Cottage Cheese Sliced Pears, Pea Salad		Salisbury Steak Mashed Potatoes Corn Multi Grain Dinner Roll Pineapple Tidbits	Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana Fresh Melon	4. Classic Lasagna w/ Meat Sauce Broccoli Chefs Choice Vegetable Wheat Bread Oatmeal Cookie
7. Nana's Hot Dog's \$5.00 Cheeseburger Lettuce, Tomato and Mayo Chips Fruit	8. FRESH BAR Stuffed Green Pepper Multi Grain Dinner Roll Lumberjack Soup, Tossed Garden Salad, Cottage Cheese, Fruit Cup, Cookie	Hamburger German Potato Salad Green Beans Wheat Sandwich Bun Applesauce	10. Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges Chef's Choice	Citrus Alaskan Pollack Vegetable Rice Pilaf Country Blend Vegetable Multi Grain Dinner Roll Chick Peas Salad Fresh Melon
Barn Closed! Indigenous Day!	FRESH BAR BLT Chicken Salad Sandwich Wheat Sandwich Bun Cream of Potato Soup, Tossed Garden Salad, Cottage Cheese, Whole Apple, Tri Bean Salad	16. Roast Turkey w/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit Chef's Fruit Oatmeal Raisin Cookie 17. Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Banana Cranberry Juice		Rosario's \$5.00 Limone Chicken Aolio Olio Pasta Steamed Broccoli Fruit
21. Sweet Basil \$5.00 Chicken Noodle Soup Ham or Turkey Sandwich Lettuce, Tomato & Mayo Fruit	FRESH BAR Chicago Style Hot Dog Wheat Hot Dog Bun Tomato Lentil Soup, Tossed Garden Salad, Cottage Cheese, Chocolate Pudding, Fresh Orange	Texas Chili Mac & Cheese Country Blend Vegetables Multi Grain Bread Fruit Cup	Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi Grain Bread Chilled Pears Beet Salad	25. Alden Poplar Creek \$4.00 White Borscht Beer Bratwurst German Potato Salad Sweet and Sour Cabbage Dinner Roll Apple Pie
28. Sweet Orange \$5.00 Chipotle Fried Chicken (Fried Chicken, American Cheese, Pickle, Red Onion and Chipotle Mayo on Bun) Salad Fruit Soliced Peaches, Carrot Raisin Salad Menu subject to change due to availability of items. Funding in part is provided.		Spaghetti & Meatball Marinara Broccoli Wheat Vienna Chilled Peaches	KFC \$5.00 Chicken Pot Pie Corn Chocolate Cake Fruit	For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.



Monday



Tuesday

October 2024 - Calendar CNN Café Manager: Caitlin Wilson Senior Services Coordinator: Marina Lvovich

Wednesday

Thursday

(847)524-7496 Friday Saturday

Transportation Options Senior Bus: 847.882.1929 Pace Bus: 847.352.8097	Salad Bar Lunch 10 AM Bunco Tournament	2. 10:30-11 AM Chair Yoga with Laura 11 AM Cooking Demos by The Indigo at Bartlett	3. 10:30 AM Balloon Volleyball	9:30-10:00 AM Walking Club 11:30 AM Public Safety Presentation	5. Social Saturday Menu: Brat, red cabbage, spaetzle, German potato salad, bread and butter, dessert Activities: Games, Bingo, and Raffles. Sponsored by the Lion's Club of Schaumburg and Hoffman Estates \$5.00 Suggested Donation
Restaurant Day Lunch 9:30 AM Garden Club 10 AM Wellness Clinic Market Day 1:30-3:00 PM (limited supplies)	8. Salad Bar Lunch 10:30 AM Canvas Painting 10:30 AM Book Club at Nursing Building	9. 9:30 AM Garden Club 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	10. 11:30 AM OneTrust Home Loans overview and complimentary meal	9:30-10:00 AM Walking Club 10:30 AM Under the Blanket Game	
BARN CLOSED FOR INDIGENOUS PEOPLE DAY/ COLUMBUS DAY	Salad Bar Lunch 10:30 AM LRC Game 1:45 PM Senior Advisory Council Meeting 1:45 PM Senior Advisory Council	16. 10:30-11 AM Chair Yoga with Laura	17. 11:30 AM Michael's Funeral overview of services and complimentary meal	18. Restaurant Day Lunch 9:30-10:00 AM Walking Club	Social Saturday Catered from Brandy's Menu: Baby Gyro Sandwich, Coleslaw, and Dessert Activities: Games, Bingo, and Raffles.
Restaurant Day Lunch 9:30 AM Garden Club Market Day 1:30-3:00 PM (limited supplies)	Salad Bar Lunch 10:30 AM Pokeno Game	23. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group 11:15 AM Committee on Aging— Make-up and skin care Skin Presentation	24. 10 –11AM 5– minute Chair Massage with Jennifer (massage by lottery on day of)	25. 9:30-10 AM Walking Club 10:00 AM Tech Corner Alden Poplar Creek Luncheon \$4.00	Sponsored by the Rotary Club of Schaumburg and Hoffman Estates \$5.00 Suggested Donation
Restaurant Day Lunch 9:30 AM Garden Club 10:30 AM 31 Card Game	Salad Bar Lunch 10:30 AM Themed Brain Games	30. 10 AM Table and card games	Halloween Party and Magic Show \$5.00 Restaurant Day Lunch 11:00AM Bring and Share Desserts for Treat Table for Halloween *Costume Contest*	Registration for ALL lunches begins on Monday, September 23 In order to participate in any Barn activities you must be signed up for lunch. Visit the Barn Webpage: www.schaumburg.com/thebarn BINGO will be played everyday after lunch	

Funds in whole or in part for this publication were provided through an award from Age Options under Title III of the Older American Act as administered through the Illinois Department on Aging and the Federal Administration on Aging Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Humans Right Act, The U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, The Age Discrimination in Employment Act, and The U. S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8965 [Voice and TDD] or contact Williams Burns, Director of Personnel at 312-207-5290. We serve nutritious lunches to Schaumburg Township seniors and disabled friends for a voluntary donation. Monday's and Friday's there is a suggested \$5 donation and Tuesday-Thursday \$3.25.